Our Missionaries Serving in Panama

Rev. David and Cindy Ceballos, R.N. are missionaries with the General Board of Global Ministries of The United Methodist Church. On behalf of the Iglesia Evangélica Metodista de Panamá, David and Cindy are challenged with establishing a district of Methodist churches and working towards improving community health in western Panama.

David and Cindy are career missionaries who host over 25 teams annually to serve with the people of Panama. At the core of who they are lies an ardent desire for the well-being of those whom they serve and those who come to serve. They are passionate about ensuring that each of their teams has an excellent missional experience while seeking ways to empower the local community to be self-sustaining.

They approach their ministry with the P.R.A.Y. model of missional service rooted in establishing a Presence, building Relationships with their community, Adapting to the constant changes of a missional context, and having a “Yes Lord, here am I, use me!” attitude.

David is an ordained elder in The United Methodist Church and Cindy is a registered nurse. You will be inspired by their dedication, local knowledge and love of the Panamanian people.

El Guabal
Medical: July 16-24, 2016
Traveling through the cloud forests in western Panama, you will discover Santa Fe National Park and the Ngöbe/Bugle Amerindians of Panama. You will stay at a rustic hotel and serve the local population as part of a medical team. Daily clinics will assess the physical and spiritual needs of those you will serve. Children and adults travel up to eight hours, walking over steep and dangerous terrain to receive this vital offer of care and hope.

Santiago
Construction: April 9-17, 2016
Construction/Medical: October 8-16, 2016
Santiago de Veraguas, the capital of the Panamanian province of Veraguas, is the primary location of the ministry of Rev. David and Cindy Ceballos. You will be establishing a presence of The United Methodist Church in the neighborhood community known as Punta Delgadita through the construction of the church or staffing the medical clinic. You will stay at a modern hotel and eat in local restaurants. You will serve by building relationships with the local community showing and communicating the love of Jesus Christ while adapting to the daily changes that the missional context brings.

Journey Schedule*
2016
April 9-17: Construction, Santiago
July 16-24: Medical, El Guabal
October 8-16: Construction/Medical, Santiago

2017
April 22-30: Construction
July 8-16: Medical
July 15-23: Youth
July 29-August 6: Construction
October: 14-23: Medical/Construction Combo

* Generally, cost of participation is about $1800 for 7-9 day trips to Panama. Cost includes: airfare, ground transportation, lodging and most meals. Cost can vary depending on time of year and itinerary. Trip itineraries and final destination can be subject to change based on the current needs of the missional context.

Contact for Support and Questions:
If you are interested in participating with one of our teams, supporting this venture financially, donating supplies, or if you have any questions contact: Rev. Clint Jones, Minister of Missions and Invitation
First United Methodist Church
P.O. Box 1461 | 521 W. Pipeline Rd. | Hurst, TX 76053
817.282.7384 extension 30 | cjones@fumchurst.org
www.fumchurst.org/panama
www.fumchurst.org

First United Methodist Church

PANAMA MISSIONS JOURNEYS

First United Methodist Church of Hurst

www.fumchurst.org/panama
Join a Mission Team

Whether your interest and experience is construction, medical, children’s activities, Spanish interpretation, or just love serving, there is a place for you on a team sponsored by First United Methodist Church of Hurst. These journeys are fertile ground to grow in your journey of faith. The work is rewarding, uplifting, and you can make friends for life.

Rev. Clint Jones, Minister of Missions and Invitation at FUMC Hurst, will be happy to speak with you regarding cost, trip expectations, and any questions you may have regarding Panama missions. Feel free to call him at 817.282.7384 x 30.

Construction Missions

Construction teams assist with projects planned by local missionaries David and Cindy Ceballos. You will work under supervision to accomplish a specific task; or possibly be on a team which works toward the completion of a larger scale project. One ongoing project is the work on the local church in the Punta Delgadita neighborhood of Santiago; the home church of the Ceballos’ ministry.

Trip participant Lee Baldwin shares this thought: “Using gifts and talents God gave me, I was able to assist in building His house in Santiago, Panama. Working as a team, we problem solved, improvised, and had fun together knowing we were helping the Ceballos further God’s ministry.”

Children’s Ministries

Whether medical or construction, each team has a need for participants who plan and carry out relational activities with the local children and adults. Communicating Jesus’ love does not require fluency in Spanish; only fluency in smiles! This ministry area is ideal for high energy, friendly people who love to be in the middle of precious children who are curious and ready to play.

“Quality engagement with children is essential to establishing relationships with the entire community.” Rev. Clint Jones

Medical Missions

On a medical mission, you will treat patients in an underserved area. This may be a remote village or in an inner city neighborhood. General clinic services include simple lab diagnostics, physician history and physical, and provision of over the counter and prescription medicines when indicated. Interpreters assist at all points during the patient visit; Spanish fluency is not a requirement.

Clinic locations are determined by local missionaries David and Cindy Ceballos, local health authorities and community leaders.

Trip participant Dr. Charles Cook has this to say about his multiple trips to Panama: “I was grateful to have the opportunity to serve a gracious and thankful group of patients. I truly feel that my career as a family practice physician has been challenged and enhanced by caring for the people of Panama. Working with a medical mission team is uplifting and an experience every healthcare worker should consider.”